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NUTRITIONAL VALUES - RAW POPPING CORN

Nutrition information per 100g (according to NKV):	Energy	1587,6 kJ / 375,8 kcal
	Protein	10,2 g
	Carbohydrates	70,9 g
	- of which is sugar	1,4 g
	Fat	3,4 g
	- of which are saturated fatty acids	0,62 g
	Fibres	10,5 g
	Sodium	2,9 mg/Kg